



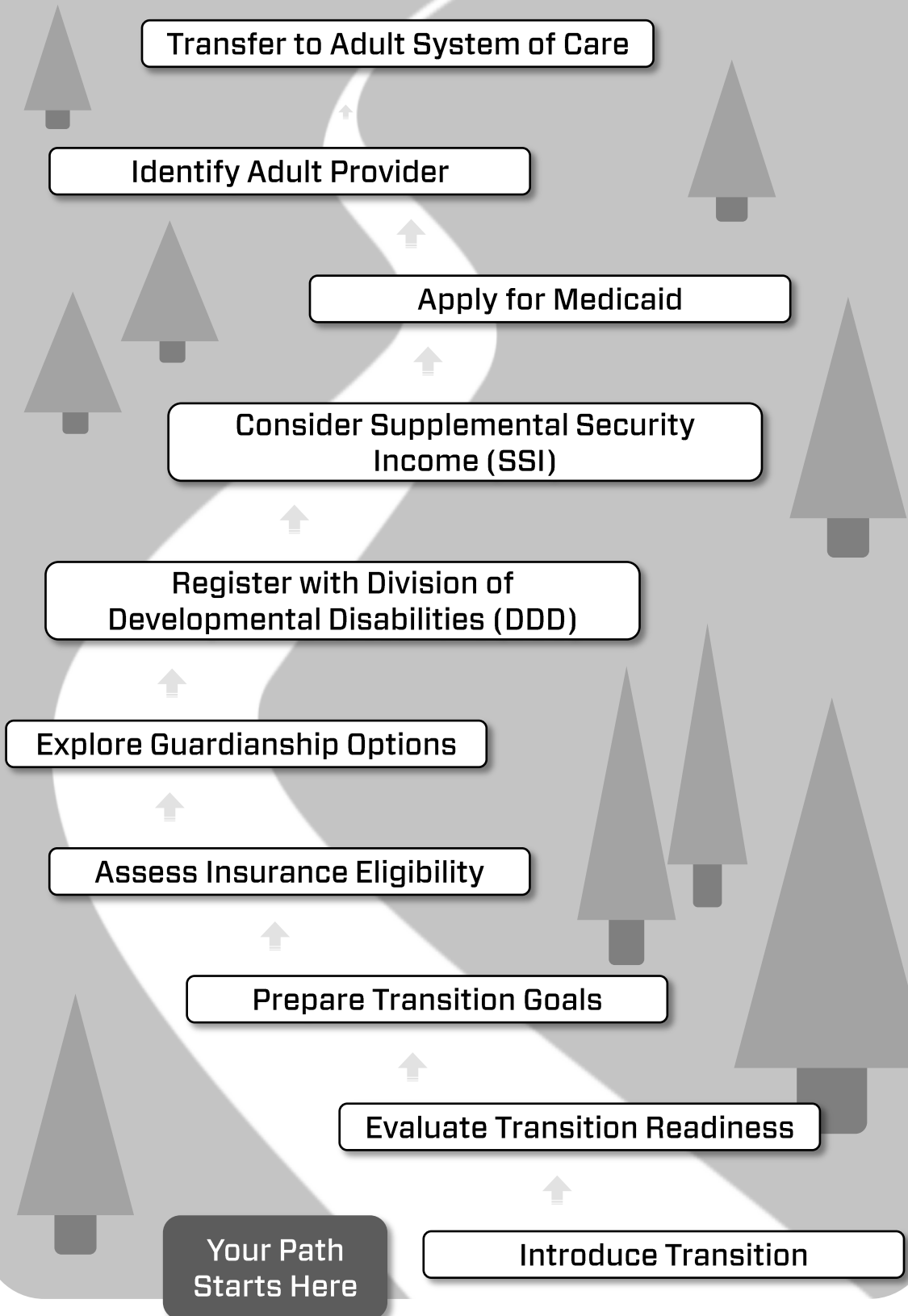
# Transition PLANNER

A useful tool to track progress  
along the journey of transitioning  
from pediatric to adult care



# On the Right Path

## A Guide to Successful Transition Planning



# Our Transition Goals



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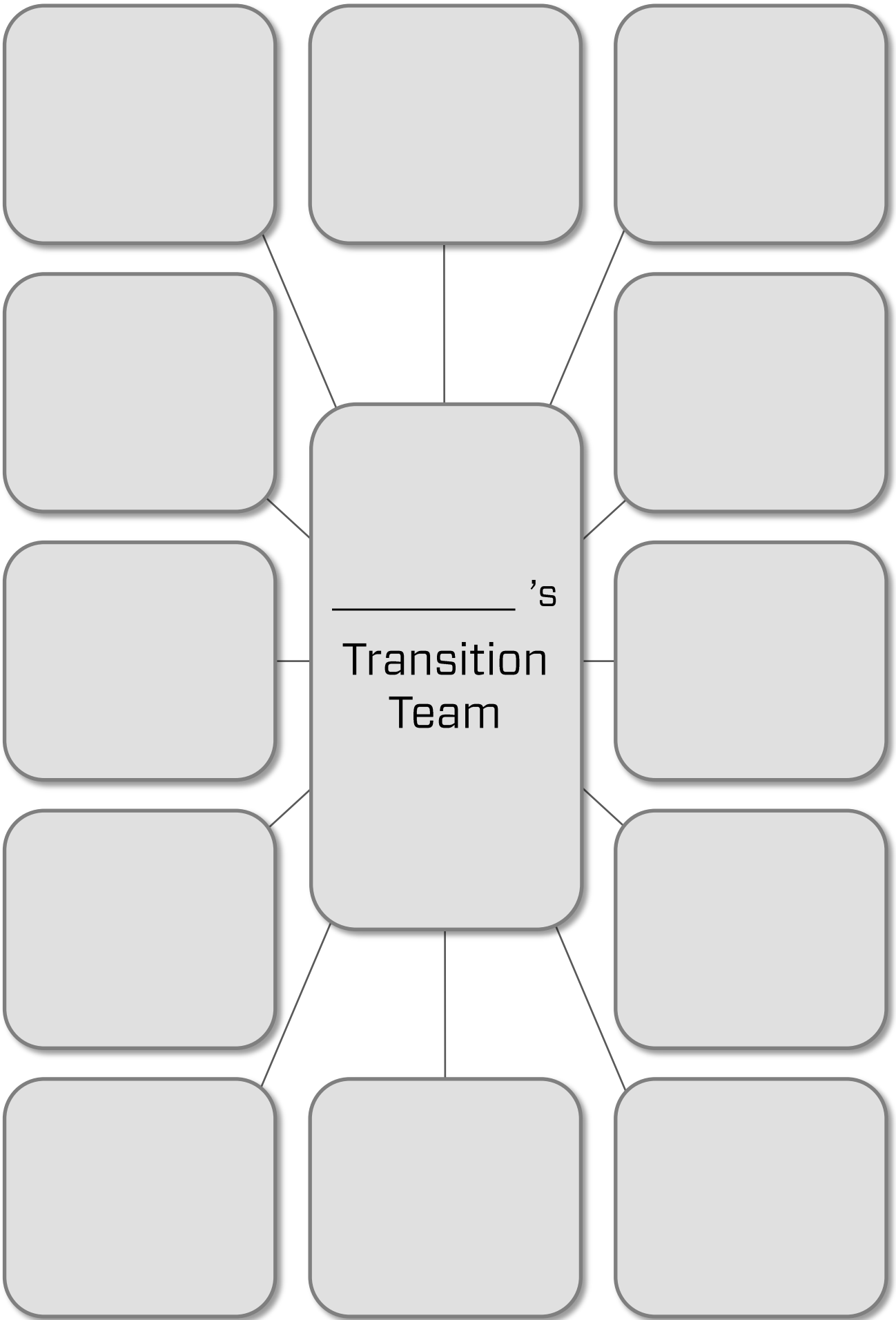
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# Important Contacts

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# Important Calls and Meetings

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**TRANSITION TIP:**  
Creating a care plan and preparing transition goals including a medical summary is an important part of the transition journey. Use a medical passport to summarize the youth's medical history, current diagnoses, medications, and other significant information for the health care provider. This will help ease the transition to adult health care.

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**TRANSITION TIP:**

Guardianship is a legal process which involves appointing a person or an agency to make personal decisions for a person who has been found unable to make these decisions for themselves. There are alternatives to guardianship which may be appropriate for adolescents who are able to make decisions with support. Ask the provider for direction to identify the necessary level of guardianship.



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**TRANSITION TIP:**  
Supplemental Security Income (SSI) and Social Security Disability Income (SSDI) are two benefits programs a person may qualify for at the age of 18. Ask for medical documentation of the disability, resource materials, and guidance about application processes at the provider's office.

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**TRANSITION TIP:**  
It takes time to identify an adult health care provider who best suits a person's needs. Ask the provider for referrals and the insurance company for adult providers within your network. When transferring information from the pediatric to adult provider, it is important to include information such as medical history, care plans, current issues, chronic conditions, patient likes or dislikes, patient and family goals, and the typical length of appointment.







It is important to set goals and choices as a person transitions into adulthood. Children's Specialized Hospital provides this personalized tool to empower individuals and families to make meaningful decisions so the person can reach his or her potential.

[www.childrens-specialized.org](http://www.childrens-specialized.org)  
1-888-CHILDRENS



Children's Specialized Hospital is an affiliate member of RWJBarnabas Health and a member of Children's Miracle Network Hospitals